

## Eat Sleep Ride CIC – Price List (Effective from 1st January 2025)

### Riding School Services

Service	Duration	Details	Price (Senior)	Price (Junior - under 12)
Assessment Lesson	60 mins	Private lesson + paperwork (1-1)	£40.00	£38.00
Private Lesson	45 mins	One-to-one session	£45.00	£40.00
Private Lesson	60 mins	One-to-one session	£58.00	£45.00
Semi-private Lesson	60 mins	2-1 session	£47.00	£37.00
Group Lesson	60 mins	Shared lesson	£36.00	£31.00
Lesson (Own Horse)	60 mins	Private lesson (1-1)	£40.00	£35.00
Lesson (Own Horse)	45 mins	Private lesson (1-1)	£38.00	£33.00
Hack	1 hr	Guided ride	£50.00	£45.00
Hack	1.5 hrs	Experienced riders only (min age 8)	£65.00	£60.00
Hack	2 hrs	Experienced riders only (min age 12)	£75.00	£70.00
Beach Experience	2.5 hrs	Hack experience day at the beach (max 6 clients)	£135.00	£115.00

### Other Services

Service	Details	Price (Starting From)
Arena Hire	Rent our outdoor arena for personal use	£15 per hour
Yard Rental Space	Short-term rental for events, clinics, or training	£50 per hour
Therapy Sessions	Equine-assisted therapy (individual or group)	£45 per session
Horse Leasing	Partial lease options for riders wanting a consistent horse	From £55 P/W for 1 day
Overnight Parking	Secure overnight parking for horse transport	From £10
Yurt Hire	Ideal for birthday parties, get-togethers	From £30

Garden Hire (Including Allotment)	Outdoor space for events and gardening	From £50
Campfire Hire	Outdoor fire pit area	Price from £30
Parking	For visitors and event attendees	Free

### Leadership Services

Service	Details	Prices (Starting from)
Team Building & Leadership Coaching	Equine-assisted leadership and development	From £100
Youth Leadership Days	Focus on personal development & confidence	From £100
Corporate Away Days	Custom team experiences for businesses	From £500
Community & Social Impact Workshops	Supporting young people & social enterprises	From £200
NLP Coaching	Neuro-Linguistic Programming-based coaching sessions	Sessions start at £55
Work Experience	Opportunities for young people to gain practical skills	Free
Leadership Camping Overnight	Leadership development and camping experience	From £100

### Livery Services

Service	Details	Price
DIY Livery	Stable, grazing, use of facilities, owner responsible for all care	£250
Part Livery	Includes stable, grazing, daily feeding, poo picking, and basic care (mucking out not included)	£350
Full Livery	Full care including feeding, mucking out, turnout, grooming, and use of facilities	£450
Schooling Livery	Includes full livery plus 4 schooling sessions per week	£550
Sales Livery	Includes full livery, advertising, handling of enquiries, and riding/showing potential buyers	£120 P/W + commission

### Youth Services

Service	Duration	Details	Price
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Alternative Education	1 day/week	3-month work placement + support to complete DYA	£250.00
Pony Club	60 mins	Friday afternoons	£30.00
Own a Pony Day	4 hrs	Games, lessons, mucking out, grooming (bring packed lunch)	£45.00
Own a Pony Day	6 hrs	Games, lessons, mucking out, grooming (bring packed lunch)	£55.00
Youth Club	2 hrs	Covers school situations, climate change, environment, politics, arts, and more	Free (ages 10+)

### Membership & Discounts

Offer	Details	Price
Annual Membership	10% off all activities	£65/year
Block Bookings	Buy 7 of any activity, get the 8th free	Dependent on activity

### Payment Information

All payments must be made via BACS in advance:
Eat Sleep Ride
Sort Code: 090129
Account Number: 24529749

### Horse Services

Service	Details	Price
Schooling Sessions	Single schooling session for horses in DIY/Part Livery	£40 per session
Exercise Riding	Horse exercised by a professional rider	£35 per ride
Lunging	Horse worked on the lunge	£25 per session
Clipping Services	Full clip	£60
Clipping Services	Trace clip	£45
Clipping Services	Bib or belly clip	£30
Mane Pulling & Trimming	Tidy up of mane and tail	£25
Plaiting for Shows	Show plaiting of mane and tail	£35